



Gateway To Hope



Ministers are the first defense in the escalating mental health crisis facing our communities.

60%

of people in psychological distress say they turn to their minister first—often before seeking a mental health professional.

Gateway to Hope prepares you with strategic solutions and expert resources for any situation. Training is organized to focus on three key aspects of your mental health ministry.

EMPOWER

In this interactive workshop you will master the 4 R's framework, including techniques for identifying mental illness, safe and effective situational response and building a network to quickly connect those in distress with professional care.



TRANSFORM

Building and sustaining supportive groups within your faith community for individuals with mental illness as well as family members is critical in today's environment where many wait for professional care. You will be trained in our curriculum and guided in launching and nurturing your own groups.

RENEW

Strengthen your ministry with a dedicated peer mental health coach trained and certified in our *Thrive* curriculum. These individuals will be mentored and guided by our team and supported with ongoing training opportunities to ensure their effectiveness.

ARE YOU PREPARED TO RESPOND?

Gateway to Hope is a comprehensive solution—providing tested tools and ongoing support so you can quickly and compassionately manage challenges while helping build and restore lives to health and wholeness.





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Gateway to Hope is offered free of charge—regardless of group size—at your location* and training is conducted by a licensed counselor who guides your progress and supports you in deepening your mental health ministry.

Participants will have access to the **Gateway to Hope** Collaborative Community as well as the Mental Health Gateway at www.mentalhealthgateway.org with downloadable tools, videos and streamed educational events as well as our screened mental health care provider database.

More than 500 people have been trained through **Gateway to Hope** and we continue to expand our reach. Register now at www.mentalhealthgateway.org.

**Travel expenses will apply outside of Houston metropolitan area.*

Hope & Healing Center & Institute
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MentalHealthGateway.org